

The unexpected beauty of our dilemma

How much are we in control of our environment?

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It was a crisp Saturday night, and the snow was packed down into the Cotswold Way. We mused that a toboggan would have been perfect for the walk through open fields and on top of the hard cold dome of the earth that night, serenaded by the clearest of night skies and translucent stars. On the horizon, looking spindly in comparison are electricity pylons traversing the fields, familiar furniture in this modern world.

Change direction, and there in the distance between two of them are the jewel we have come to see. Looking like bright pigeon scarers, over a thousand strip lights, pushed into the ground beneath the pylons, glowing in the night are being literally turned on by the power coming off the pylons.

We walked in amongst the tubes, which flashed on and off intermittently; we were very dark obstacles to the rows of lights. One group close by all held the top of one tube, and as they held on it went out and as they

jumped it went on again. They were live transmitters of this huge electric-magnetic field; we all were, for once knowingly. We were intrigued as to how close we could stand before the light went off; in the middle it was about 12 inches, and towards the edges it was twice that.

This is 'The power of the Field', an artwork by Richard Box, artist in residence at Bristol University. He has illuminated two very contradictory phenomena that we live alongside daily. There's an interactive element to all this, too, for those who go to the site itself. 'You affect the lights by your proximity', explains Richard Box, 'because you're a much better conductor than a glass tube. And there's sound as well as light - a crackling that corresponds to the flashing of the lights. There's a certain smell too, and your hair stands slightly on end.'

We are used to the efficacy of electricity in our homes, the electric shadow of the television in our lives and the satisfaction gained from a well researched idea and clear design gained from the Internet and computer programmes.

What most of us have chosen to ignore, is that the electrical circuiting in our houses can be as much a problem as the presence of a pylon in your garden. In fact the field of the wiring in your bedroom may be as strong as if it were, because being close to a weak source can

affect you just as much as being at a distance from a strong one. Man-made fields do not have to be very strong to dwarf the body. See how your sleep is affected by your digital clock radio, cordless phone, wireless broadband connection etc. To an electrician, a weak magnetic field is 0.001 (Tesla), which is still 100 billion times stronger than that of the human brain.

[Research as yet anecdotal into the human body's lack of bio-compatibility with man-made frequencies, shows how it interferes with our natural frequencies; the sensitive pineal gland is affected by fluctuating field strengths so influencing production of serotonin and melatonin. The brain contains magnetite which is also used in antennae to receive signals.

We realised it was time to go; my arms were ringing and I finally acknowledged that I was not invincible to the ill effects of the electro-magnetic field. It was with sadness that I left the field. Leaving that magical kingdom that was to be dismantled next day, definite temporary home to elves and fairies as long as they didn't stay too long and get their wings singed.

Jane's book 'Geopathic Stress and Subtle Energy'

With the welcome entrance of this excellent reprint, enter the other two major players on the set of what may be affecting your energy systems, and how you might deal with it.

They say a little knowledge is a dangerous thing, but if all you need to do is move your bed, then that could make a huge difference. Dr Hans Nieper, renowned oncologist stated in his book "Revolution in Technology Medicine and Society",

"According to studies I have initiated, at least 92% of all the cancer patients I have examined have remained for long periods of time – especially in respect of their sleeping place – in geopathically stressed zones."

Jane's book is a great way of exploring the theory behind this subject, so I won't elaborate any further on the downside of GS. However, as I am tutor for the KF, teaching Jane and Jimmy Scott's Geopathic Stress (GS) course, I want you to know what an amazing education knowing about these energies is. Once you are ready, it can take you to a new realm of understanding of energy fields, and it really can be magical.

In October, in Wales we honoured the passing of history with the planting of an oak tree, all eight of us in the pouring rain with smiles on our faces. We created an essence which we fed back to the land, and I emphasised the need for us all when we do this work to be body conscious and 'see with our navels'.

The three days are punctuated by meditation and bodywork, as well as a thorough exploration of the different energies you may find in a building. This is not just another subject to get your 15 hours clocked up, but one to increase your awareness to the power of earth energies, and how they affect our lives (the original title for Jane's book).

A former student said, "In between getting a feel for the energies, Giulia taught us how to examine a site, what needed to be done to survey it. We were given a very clear pro-forma on how to survey a site from top to bottom and how to translate that information into what needed to be done to heal the energies so they no longer had a detrimental effect on those living there and how to maintain that.

Using sites such as the Nun's graveyard (Newcastle course 2004) and the beautiful Jesmond Deane as well as indoor locations, made this an experiential adventure that was never dull or slow. Giulia's humour, spirit and teaching skills also kept a good pace, even the people on the course who were not HK'ers were able to easily access the content and the group worked well together."

Another said, "Using the skills and information Giulia taught me, I was able to work out some simple solutions for neutralising the negative energies. I also discovered a strong current of positive energy flowing through the acupuncturist's room, so I suggested she move her couch over slightly so her clients were lying fully in the positive stream. Her client numbers have now increased so much that she has had to take on an assistant to cope!

The three days of the course are full of useful information and lots of experiential 'hands on' work, and as Giulia uses a different venue each time, it is well worth repeating the course too."

A call to kinesiologists with the GS qualification -

How about taking an office with horrible energy and transforming it? You can do it with people, so why not with places too?

There is something very compelling when the places you have dowsed as detrimental in someone's office correlate often exactly to those people absent from work regularly.

Whilst I don't want to be seen actively encouraging people to spend too much time at work, in front of their PC (!), there is a serious point to be made here; by correcting GS disturbances in the environment, not only are employers happier; less staff turn-over and absenteeism, but employees are fitter, and more able to live in their power, choose their lives, and maybe even take the odd day off because they need it and spend the afternoon in the cinema – a form of energy toning!

Next GS Course

If you want to understand the world in a different light, book yourself onto Giulia's next course and prepare yourself for an amazing journey that could be waiting just outside or inside your front door.



My next course is on 2nd - 4th March 2007, in Oxon. We will be at an Abbey, where there are facilities to stay and eat if desired. The price of the course is £280 including a free pair of dowsing rods if booked by 7th January. The price is going up a little after this course.

Tempted by the prospect of dowsing a building that goes back 800 years?

Part is thought to date from the early 13th century, probably on the site of the earlier Saxon priest's house mentioned in the Domesday Book. It is set in beautiful grounds, and has an ethos to go with it. For more information on the Abbey see www.theabbey.co.uk, and to download a booking form and further information on Giulia's course and GS see www.hk4health.co.uk/geocourse.htm or call me on

01453 889184 or e-mail: giuliadence@yahoo.co.uk See you in March!